



FRUIT COVE D-GROUPS

- **The WHY:** At Fruit Cove Baptist Church, we believe that a disciple is one who acts and thinks like Christ, one who recognizes and responds to the will of God. If you would like to get to know God at a new level and develop enough confidence in your faith to talk about it with others, a D-Group presents a great next step for you. Be the disciple you've heard about. Take the next step in designing/shaping your legacy.
- **The WHAT:** Disciple-making groups (D-Groups) are closed groups of 4-6 men or women (gender specific) that meet 60 to 90 minutes on a weekly basis over the course of 12 to 18 months. Each week these groups strategically focus on five areas that guide the group's time together: Studying the Word, Hiding God's Word, High-level Accountability, Praying Together, and Keeping an External Focus. These groups are organic in nature with the goal of intentional multiplication as disciples make more disciples (Matt. 28:19-20; 2 Tim. 2:2).

Next Steps. Read through the information below to see what a D-Group could look like. If you would like to be part of a group please contact Jonathan Wilson at jonathan@fruitcove.com or 904-287-0996. Fruit Cove has a limited number of D-Group Kits available for purchase at \$20/kit. The kit includes the Foundations (F260) and Growing Up books, everything you need to get started on this journey.

THE S.H.A.P.E. OF A D-GROUP (60-90 Min. Each Week)

At every D-Group meeting, there are five components that are necessary in order to maximize your time together.

- **STUDY – 30 Minutes**
 - **The WHY:** The Bible tells us that it is no ordinary book and that the words contained within its pages are alive and active, breathed out by God, penetrating our very souls by discerning our thoughts, motives, and behaviors. Each week, we will seek to study what God has said about who He is and what it means for our lives by using the H.E.A.R. model of Bible study (Heb. 4:12; 2 Tim. 3:16-17; Ps. 119:130; Ps. 33:4; James 1:21).
 - **The WHAT:** There are 2 elements to the Study section:
 - Bible Reading/HEAR Journaling/Discussion. HEAR Journaling helps keep everyone on track during their reading plan/quiet time each week and as we share 1 HEAR journal that stuck out to us during the meeting.
 - **Highlight, Explain, Apply, Respond**
 - Supplementary Material Discussion (Book, Video, etc.)

- **HIDE (GOD'S WORD IN YOUR HEART) – 5 Minutes**

- **ACCOUNTABILITY – 25 Minutes**
 - Talk about life, ask accountability questions, share struggles, etc.

- **PRAYER – 10 Minutes**

- **EXTERNAL (FOCUS) – 5 Minutes**
 - Take time to discuss any gospel/God conversation had since last time together and action steps for the upcoming week.

If you are interested in being part of a D-Group, please contact Families and Missions Pastor Jonathan Wilson at jonathan@fruitcove.com or 904-287-0996.

NOTE: You can also use D-Groups as an evangelistic strategy. In this context, D-Group would stand for "Discover Group", bringing a group of people together (some who may not be followers of Christ yet) for the purpose of discovering who God is by reading his word.