



## Caring For People God's Way Biblical Counseling Course

### Accelerated Course Syllabus

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### Course Information

#### Instructor Information

**Instructor:** Tim Maynard, Doug Kowieski  
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#### Course Description

Caring for People God's Way will help equip you to respond to the growing needs and provide competent and compassionate care to those who are hurting. This course is a distance learning, video-based training program tailored just for you. It is biblically based and features some of the best faculty in the world. Our goal is to help you understand the tough issues people wrestle with today and use the Bible with confidence with those who need clear direction and could use some strong encouragement. Each unit comes complete with work text and exams. Upon successful completion of your coursework, you will earn a certificate of completion in Biblical Counseling from Light University.

#### Course Materials

##### Required Text

- Caring for People God's Way Curriculum Workbook

##### Recommended Texts & Other Readings

- Competent Christian Counselor by Dr. Tim Clinton & Dr. George Ohlschlager
- The Popular Encyclopedia of Christian Counseling by Dr. Tim Clinton & Dr. Ron Hawkins
- Quick Reference Guide to Biblical Counseling by Dr. Tim Clinton & Dr. Ron Hawkins

### Course Requirements

- Internet connection (DSL, LAN, or cable connection desirable)

### Course Structure

This course will be delivered via DVD-based lectures. DVD-based lectures range from 45-55 minutes per lesson. Due to the intensive schedule make-up sessions will not be available. Students are responsible for taking the online quizzes after viewing the Unit lessons.

#### Online Resources

*Students will need to have internet access to sign-in to their account with Light University and access lesson exams.*

#### Online Assistance

*Students may contact Light University at 1-800-526-8673, option #4 for assistance with their account*

### Course Schedule/Outline

October 20, 2019            1:00pm-7:00pm

- **Unit 2: Faith & Life**
  - BCOU 201 The Effective People Helper
  - BCOU 202 Bringing People in God's Presence
  - BCOU 203 How to Help People Change
  - BCOU 204 Heart Matters: Repentance and Godly Sorrow
  - BCOU 205 Forgiveness: Letting Go of the Past and the Pain
  - BCOU 206 The Spiritual Disciplines in Counseling

November 10, 2019        1:00pm-7:00pm

- **Unit 3: Marriage and Family**
  - BCOU 301 Marriage: Keeping Love Alive
  - BCOU 302 Healthy Sexuality: A Biblical Foundation
  - BCOU 303 Addictions and Recovery
  - BCOU 304 How Couples Lose at Love: Disaffection in Marriage
  - BCOU 305 Hope Focused Marriage Counseling
  - BCOU 306 Divorce Recovery: Starting Over Again

December 1, 2019            1:00pm-7:00pm

- **Unit 4: Challenging Issues in Biblical Counseling**

- BCOU 401 Crisis Response Intervention
- BCOU 402 Ethical and Legal Issues in Counseling Ministry
- BCOU 403 Family Systems: Breaking Generational Patterns
- BCOU 404 Infidelity: Stabilizing After the Affair
- BCOU 405 Pain and Suffering: Helping People in a Broken World
- BCOU 406 Breaking the Bonds of Sexual Addiction

January 5, 2020            1:00pm-7:00pm

- **Unit 5: Emerging Issues in Biblical Counseling**

- BCOU 501 Managing Stress and Anxiety
- BCOU 502 Grief and Loss
- BCOU 503 Psychiatric Care and Medication
- BCOU 504 Financial Bondage: Strategies for Freedom
- BCOU 505 Anger Management
- BCOU 506 The Helping Process: Basic Skills and Practice

***Students will be responsible for completing the online exams by logging into their Light University account. It is recommended that students complete the lesson exams shortly after attending the Unit presentations.***

***It is recommended (not required) that students become members of the American Association of Christian Counselors to have access to various resources and materials to assist them in the pursuit and practice of biblical counseling***