

Overcoming Anxiety - Part 2
 Dr. Tim Maynard - Sunday, January 14, 2018
 Philippians 4:4-9

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Sunday January 7, 2018	Sunday School - 9:30 am	427
	Sunday School - 11:00 am	626
	Sunday School Total	1,053
	9:30 am Worship Service	630
	11:00 am Worship Service	525
	Worship Total	1,155



ADVANCE
20/20

Get started today at
fruitcove.com/give
 or use the QRC




Deacon of the week: Darrin Baxley

Our Invitation to You

At the end of each service a public invitation is given. At this time you are invited to go to the front of the worship center where our Pastor or another designated counselor will assist you.

You may become a member of our church family in any one of the following ways:

1. By profession of faith in Jesus Christ as Lord and Savior, to be followed by believer's baptism (immersion).
2. By transferring your membership from another Southern Baptist church where you are now a member. Our church will write for your letter of transfer.
3. By statement of your prior conversion and baptism in another Christian church or as a candidate for baptism.

The basis of authentic church membership comes through trusting Jesus Christ as one's personal Lord and Savior. If you would like to know more about the Christian life or if you have any other questions regarding church membership, please feel free to talk with our pastoral staff or one of our deacons.

Prayer Request: prayer@fruitcove.com

Church office: 904-287-0996 / Fax: 904-287-1579 / www.fruitcove.com

Weekly Calendar

SUNDAY, JANUARY 14

Worship Service/Sunday School/Children's Worship 9:30 am
 Welcome Center/Worship Center Patio 10:40 am
 Worship Service/Sunday School 11:00 am
 Welcome Center/Worship Center Patio 12:15 pm
 Unity Class Luncheon/ROC-Fellowship Hall 12:30 pm
 r12 EPIC NIGHT/meet in The Studio 8:00 pm

MONDAY, JANUARY 15

Men's Basketball/ROC-Gym 5:30 am
 Fruit Cove Fitness Workouts/Annex-Rm 100 * No Child Care * 6:00 am
 Fruit Cove Fitness Workouts/Annex-Rm 100 * No Child Care * 8:15 am
 Fruit Cove Fitness Workouts/Annex-Rm 100 9:45 am
 Impact Cheer Practice/Bldg A-Rm 100/AX-Rm 103 5:00 pm
 Upward Basketball & Cheer Practice/ROC-Gym/ROC-Rm 202 5:00 pm
 Alcoholics Anonymous/Annex-Rm 106 6:00 pm
 Fruit Cove Fitness Workouts/Annex-Rm 100 * No Child Care * 7:00 pm

TUESDAY, JANUARY 16

Fruit Cove Fitness Workouts/Annex-Rm 100 * No Child Care * 6:00 am
 Fruit Cove Fitness Workouts/Annex-Rm 100 9:45 am
 Memory Enhancement Program/Bldg A-Rm 106 10:00 am
 Open Gym (3-4:30 pm)/ROC-Gym 3:00 pm
 Upward Basketball & Cheer Practice/ROC-Gym/ROC-Rm 202 5:00 pm
 Career+Care/Bldg 1 6:30 pm
 College Ladies Bible study/Annex-Rm 103 7:00 pm
 Fruit Cove Fitness Workouts/Annex-Rm 100 * No Child Care * 7:00 pm
 Men's Basketball/ROC-Gym 9:15 pm

WEDNESDAY, JANUARY 17

Fruit Cove Fitness Workouts/Annex-Rm 100 * No Child Care * 6:00 am
 Fruit Cove Fitness Workouts/Annex-Rm 100 * No Child Care * 8:15 am
 Fruit Cove Fitness Workouts/Annex-Rm 100 9:45 am
 I & II Kings Bible Study/ROC-Rm 202 10:00 am
 Open Gym (2-4pm)/ROC-Gym 2:00 pm
 MSM Open Gym/ROC-Gym 5:00 pm
 Prayer Time/ROC-Rm 203 6:00 pm
 Preschool Choir & Mission Friends/R-1st Floor Rooms 6:00 pm
 RA's (1st-5th Grade boys) & GA's (1st-5th Grade girls)/Bldg. B 6:00 pm
 MSM for Middle School/ROC-Rm 308 6:00 pm
Midweek Bible Studies for Adults (fruitcove.com/midweek for complete listing) **6:15 pm**
 r12 for High School/The Studio 6:30 pm
 Children's Choir (1st & 2nd/Bldg B - 3rd, 4th & 5th/Bldg A-Rm 106) 6:45 pm
 Celebration Choir & Orchestra Rehearsal/Bldg A-Rm 100 7:30 pm
 r12 Open Gym (8-9pm)/ROC-Gym 8:00 pm
 Al-Anon/Annex-Rm 102 8:00 pm
 Gamblers Anonymous/Annex-Rm 105 8:00 pm
 Alcoholics Anonymous/Annex-Rm 106 8:30 pm

THURSDAY, JANUARY 18

Fruit Cove Fitness Workouts/Annex-Rm 100 *No Child Care * 6:00 am
 Prison Ministry 8:00 am
 Mom to Mom/ROC-Fellowship Hall 9:30 am
 Memory Enhancement Program/Bldg A-Rm 106 10:00 am
 Open Gym (3-4:30 pm)/ROC-Gym 3:00 pm
 Upward Basketball & Cheer Practice/ROC-Gym/ROC-Rm 202 5:00 pm
 Yesha/Bldg A-Rm 100 6:30 pm
 Fruit Cove Fitness Workouts/Annex-Rm 100 *No Child Care 7:00 pm
 Men's Basketball/ROC-Gym 9:15 pm

FRIDAY, JANUARY 19

Men's Basketball/ROC-Gym 5:30 am
 Fruit Cove Fitness Workouts/Annex-Rm 100 *No Child Care * 6:00 am
 FCBC Weekday Preschool registration for existing students 9:00 am

SATURDAY, JANUARY 20

Men's Breakfast with Dale Forehand/ROC-Fellowship Hall 8:00 am
 Upward Basketball & Cheer Games/ROC-Gym & Patriot Oaks 9:00 am
 Fruit Cove Fitness Workouts/Annex-Rm 100 *No Child Care * 8:30 am
 Yesha/Bldg A-Rm 100 9:00 am
 Alcoholics Anonymous/AX-Rm 106 7:30 pm

SUNDAY, JANUARY 21

Sanctity of Life Sunday

Worship Service/Sunday School/Children's Worship 9:30 am
 Welcome Center/Worship Center Patio 10:40 am
 Worship Service/Sunday School 11:00 am
 Welcome Center/Worship Center Patio 12:15 pm
 Romania Mission Trip Interest Meeting/Bldg A-Rm 100 12:15 pm
 Montreal Mission Trip Interest Meeting/ROC-Fellowship Hall 12:15 pm
 Treasured Friends Meeting/Bldg A-Rm106 12:15 pm
 MSM Middle School Winter Chill-out/FCBC campus 6:00 pm



January 14, 2018

The Vine

All the gifts of God are good.

But if we rest in them, rather than Him they lose their goodness for us.

Thomas Merton



Building Strong Families & Sanctity of Life Sunday
 Next Sunday, January 21

Lord's Supper service
 Sunday night, January 28

6 pm / Worship Center

Please remember to bring your canned goods to support area food banks

Ministerial Staff

- Dr. Tim Maynard, Pastor
- Dr. Neal Cordle, Executive Pastor
- Rev. Brian Woofert, Worship Pastor
- Rev. Jonathan Wilson, Minister to Families and Missions
- Rev. Charles Ragland, Minister to Senior Adults
- Rev. Joshua Glymph, Minister to High School
- Rev. Jason Stanland, Minister to Middle School
- Rev. Neil Muniz, SportsLife Minister
- Mrs. Ginna Ashby, Preschool Ministries Director
- Mrs. Melissa Goodman, Children's Ministries Director
- Mrs. Linda Warne, Women's Ministries Director

From Pastor Tim

Anxiety is the most commonplace disease of our day. It is not just an uncomfortable state of mind; it has become a major health crisis. While nearly 30% of diagnosed, anxiety-related illnesses have a medical or physiological root, much of our anxiety, fear and worry is something that we have been conditioned to experience.

If we have learned anxiety... we can unlearn it! Jesus said in Luke 12:22-31, "Don't worry." "Don't be afraid." "Don't be anxious." If the Word of God tells us we can stop anxiety from ruling and ruining our lives, then we can.

Paul gives us a four-step progression in Philippians 4:4-9 that I have simplified into four "R's" to help us remember:

Rejoice in the Lord

Release our anxious thoughts

Let our requests be made known to God

Renew our thinking.

None of these are complex in themselves, and each of them is based on faith in God to do them. The first and perhaps most important: REJOICE IN THE LORD.

To "rejoice in the Lord" means to find in God our HIGHEST joy, our GREATEST happiness, and our most FULFILLING dimension of life. It is not saying that other things should not be enjoyed. It is saying that they must be enjoyed UNDER our joy in the Lord, and not ABOVE it!

There is nothing wrong with finding joy in our mate, in our children, in our jobs, in our homes or possessions or in our health. Nothing at all wrong with these. It is wrong to enjoy these people or things at a higher capacity than we enjoy the Lord! It is then they become an idol, and not simply a means to point us back to our Creator.

God "richly gives us all things to enjoy," we read in 1 Timothy 6:17. But if you gave your child or your spouse a gift for Christmas and they find more joy in that gift than they find in you, it would break your heart. If that gift helps them to love you more, then it accomplished the intended purpose!

When we love the things that the "giver of every good and perfect gift" brings to us more than the One who brought them, we have violated His purpose and created an idol.

Idols are any thing or any person that moves into the place of your affection, attention, and devotion where only God should be. Therefore, when we rejoice IN THE LORD, we are not saying we do not enjoy the good things God gives... we are saying that these things help us love God more... and most of all!

Rejoicing in the Lord takes a key ingredient of anxiety off the table... that being our fear that the thing or circumstances or people we most love could be lost to us. Anxiety comes as a result of that fear or loss of the most significant thing or person to us.

However, if we are "rejoicing in the Lord," there is never a danger we will lose Him, and therefore fear and anxiety have no ground to build on.

Do you love God first? Do you love Him most? Or is there any person, any circumstance, any possession that is more the focus of your affection than God? If so, then you have a root of anxiety in your life that can torment and afflict you.

"Love the Lord your God with all your heart... all your mind... all your soul... and all your strength." And rejoice FIRST and MOST in the Lord!

Welcome to our Church Family

Mark & Jeanne Clayburg

Congratulations

Congratulations to:

David & Ricky Marshall on the birth of their granddaughter, **Autumn Evelyn Gooding**.

Trevor & Jessica Rogero in the birth of their daughter, **Lilliana Grace** and to **Scott & Lisa Brubaker** on the birth of their first grandchild.

Next Steps

Referees, Prayer Partners, and Gospel Sharers needed for the Upward **Basketball** & Cheer season.
More info?
Email: sportslife@fruitcove.com

Donations need for Guatemala

- New White twin sheets & towels & wash cloths
- Crayons & Children's small toys (nerf balls, jump rope, dollar store toys, bubbles).

Donations can be dropped off in the Missions bins on the first & second floor of the ROC and in the Children's Bldg.

Connecting Class coming in February



Are you new to Fruit Cove Baptist? Would you like to learn more about what we believe and what it means to be a Southern Baptist?

Plan on attending the Connecting Class beginning February 4 @ 12:15pm in ROC-Fellowship Hall

Continues February 11 & 18 @ 11 am in ROC-Rm 201
Register at fruitcove.com/connecting

Thank You

Thank you note was received from

Gary & Judy Wilder for the thoughts and prayers shown to them during his mom's passing.



Better Together!

Life is better when we're together! Are you connected with other people through one of our Sunday School classes or Small Groups? If not, be part of our

Open House on Sunday, January 28.

Pick out a 9:30am or 11am class/small group to check out.

Full list at Fruitcove.com/Sunday-school.

Happening this week



MidWeek Adult Classes have started.

Not too late to join a group!

FYI: No food trucks at this time

Prayer Time @ 6pm/Kay Downey/ROC-Rm 203

- **"THE HAPPINESS CODE"**
Dr. Tim Maynard / Annex-Rm 103
- **The Holy Spirit (Women)**
Linda Warne / ROC Gameroom
- **Christ Centered Parenting: Gospel Conversations on Complex Cultural Issues**
Ginna Ashby, Melissa Goodman / ROC-Rm 202
- **Route 66: Bible Book Study, Romans**
Ralph Curtin / ROC-Rm 304
- **Men's Bible Study: 33 The Series**
Jim Bagnardi / ROC-Fellowship Hall
- **Fruit Cove Fitness**
Neil Muniz / Annex-Rm 100
- **Faith Journey for New Believers**
Bill Wane / ROC-Rm 204
- **Prevail: Single Moms**
Denise Hodges/ROC-Rm 301
- **GriefShare**
Cecille Hammond/ Bldg 3-Rm 3

AND

Dave Ramsey's Financial Peace University,

Wednesday at 6:15pm through March 7

Led by Tom Braden / ROC-Rm 305

Learn to live debt free, prosper & give utilizing Biblical finance

PLEASE REGISTER @ <https://fpu.com/1056150>

Fruit Cove Fitness

More classes & workouts have been added!

Check out the calendar on the backside for all the available times and get committed to a stronger and healthier you

Upward Basketball Referee Training

Thursday, January 18 @ 7pm in the Game Room

Men's Breakfast with Dale Forehand

Saturday, January 20

ROC Fellowship Hall * 8am

Looking Ahead

Montreal & Romania Mission Trip Interest Meetings

Sunday, January 21 immediately following 11 service

Montreal Trip Dates: Memorial & Labor Day Weekends to work with our church plant partner Renaissance Church
Open to individuals and families
Meeting in ROC-Fellowship Hall

Romania Trip Dates: either week of July 22 or July 29 working with LifeRomania Camp MIA
Open to individuals and families
Meeting in Bldg A-Rm 100

Treasured Friends Meeting

Sunday, January 21

Bldg A-Rm 106 at 12:15

"Be Amazed" Banquet

Friday, January 26 @ 6 pm in ROC-Fellowship Hall

Cost: \$15

Dinner catered by Carraba's and program **GODSCIENCE** by Stephen Wilson
Sign up in Sunday School or call church office
Sponsored by the Senior Adult Ministry



Middle School Ministry

Winter Chill Out Ice Skating

Friday, January 26 6-10pm

Cost: \$20

**** First 70 get chauffeured on a party bus ****

London Mission Trip for College Students Interest Meeting

Sunday, January 28 @ 12:15 pm in Annex-Rm 103

Trip Dates: May 31-June 10

Tonight

EPIC Night for r12 High School

8pm—9am (Monday)

Meet in the studio

Cost: \$75 per person -

SIGN UP: fruitcove.com/students/hsevents



FEATURING... REBOUNDERZ, CHIKFILA, AUTOBAHN, ICESKATING, SWAG!! -

This is an outreach, so we are encouraging students to BRING THEIR FRIENDS!

WDPS 2018/2019 Registration Dates

- January 19, 2018 at 9:30a.m - Existing Students
- January 26, 2018 at 8:30a.m - New Students

Registration will take place on the first floor of the ROC at the preschool offices.